

# *Prophetic Art and Creativity Release Boot Camp*

with Janice VanCronkhite March 22-23 in Tomball, Tx

## *Supply List*

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Start with whatever supplies you have on hand. If you already paint, bring the supplies you normally use. We will focus on acrylic painting with an option for mixed media or other media of your desire. (I will introduce you to some great things to do with mediums to add texture to your piece.) Hobby Lobby, Cheapjoes.com and Mrart.com are good sources along with local art stores.

### **Acrylics:**

You may begin with a startup kit or simply red, yellow, blue, white and black of medium size or larger tubes. You can include a more extensive palette with dioxazine purple, med. green, and burnt sienna. Bring other shades you like and you can mix the rest. Liquitex and Golden are great brands, but pricey. They are nice to use for the top coat. Other brands are fine to get started. Liquitex basics are good.

### **Assorted brushes:**

small to large, flat (1/2 inch to 3 inches) and round (I will have extras, as well) Hobby Lobby has assorted packs.

### **Easel: Table top or floor easel**

### **Gloss:**

medium and/or matte medium (Liquitex makes a great one)  
small bottle of Liquitex iridescent liquid medium (you'll LOVE what this does!)  
a few metallics (small) gold, silver, copper, etc.

### **Other miscellaneous items:**

paint clothes and/or an apron  
spray bottle for water  
drinking bottle to refill  
stretched or flat canvas or canvas board 16x20 or larger (bring at least 4 or 5 and you may bring larger)  
palettes (paper plates that are coated work great)  
spotlight for easel (Home Depot has an inexpensive light weight one that clamps on...used for construction)  
water cups and jars and tarps for the floorer table ( plastic table cloths work well)

BRING A SACK LUNCH FOR 12:30- 1:30 break  
OPTIONAL ASSIGNMENT BELOW

Get an 8x10 or larger sketchbook and do one sketch each day (at least 5-10 minutes or more) until you get to the retreat. Date each page, name it, and don't tear it out even if you hate it! Sketch anything you like. It could be something from nature or something in your home or on TV. Bring your sketchbook with you to the retreat. Also record any dreams in your book that you have had. Keep them brief and title your dream. You may also glue in a fav pix so this becomes an ART Journal to refer to for paintings. We will go over your journal during our one on one time.

Collect pictures of things you're drawn to and place in a folder to bring. It could be anything....trees, butterflies, beach scenes, etc or even words.